



Don't forget
to eat your
vegetables.

St. Margaret Mary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

October
2018

MONDAY

Child Health Day 1
Roasted Vegetable Piegga

OR Harvest Chicken Salad

OR Turkey BLT Wrap

California Vegetable Blend

TUESDAY

Bully Prevention Month 2
Golden Corn Dog

OR Roasted Hot Dog

OR Cheeseburger

French Fries

WEDNESDAY

National Pizza Month 3
Cheese or Pepperoni
Pizza
OR Ham, Cheese & Egg
on English Muffin
OR Tuna Salad Sliders

Caesar Salad

THURSDAY

National Taco Day 4
Soft Shell Tacos

OR Pulled Pork Sandwich

OR Deli Sandwich

Spiced Pinto Beans

FRIDAY

Oktoberfest 5
Pork Schnitzel

OR Bratwurst
OR Pretzel Bites with
Cheese

German Potato Salad
Cookie

8
Pancakes w/Sausage
Patty
OR Biscuit & Gravy

OR Chicken Caesar Wrap

Breakfast Potatoes

HOM Pear 9
Roast Pork & Gravy

OR Chicken Nuggets

OR 7 Layer Salad

Mashed Potatoes

10
BBQ Chicken Sandwich

OR Philly Flatbread

OR Munchable

Garden Green Beans

11
Fall Break

12
Fall Break

15
Fall Break

School Lunch Week 16
Chicken Tenders

OR Turkey BLT Salad

OR Deli Sub

Mashed Potatoes

17
Salisbury Steak Sandwich

OR Italian Stromboli

OR Honey Mustard Ham
Wrap
Italian Tomato Salad
Rice Krispie Treat

18
Beefy Nachos w/
Homemade Cheese Sauce

OR Chicken Bacon Ranch
Melt
OR Turkey Cranberry
Wrap
Refried Beans

19
Cheese Bread w/Marinara

OR Southern Chicken
Biscuit

OR Yogurt Pack

Garden Salad

22
French Toast Sticks w/
Sausage Patty

OR Buffalo Chicken
Calzone

OR Turkey BLT Wrap
Breakfast Potatoes

23
Chicken Fajitas

OR Cheeseburger

OR Tuna Salad Sliders

Black Beans

24
Ravioli w/ Meat Sauce

OR Italian Turkey Panini

OR Deli Sandwich

Garden Green Beans

25
Hamburger Basket

OR Chicken Nugget
Basket

OR Deli Sub

French Fries

National Pretzel Month 26
Cheese or Pepperoni
Pizza
OR Chicken a la King

OR Yogurt Pack

Garlic & Herb Broccoli
*** Chocolate Pretzel***

29
Sweet & Sour Chicken
Bites w/ Rice
OR Tex Mex Bowl

OR Chicken Caesar Wrap

Green Peas

30
Lasagna Roll Up & Garlic
Toast

OR Breaded Chicken
Patty
OR 7 Layer Salad

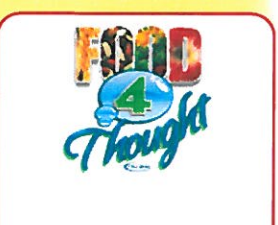
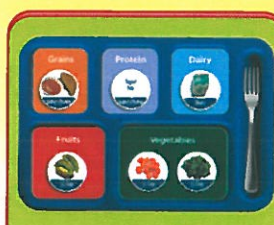
Caesar Salad

HOM Beet 31
Chicken Enchilada Bake

OR Roasted Hot Dog

OR Munchable

Spiced Pinto Beans
Chocolate Beet Cake



PRICES

Elementary	\$3.50
Middle School	\$4.00
Adult	\$4.00
Extra Milk	\$0.50
Extra Entrée	\$2.25

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Jason Kirby at 502-426-2635 ext 135
or email foodservice@stmm.org

