



Don't forget
to eat your
vegetables.

St. Margaret Mary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

January
2019

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

7
Pancakes w Fruit topping
OR Biscuit & Gravy
OR Chips, Salsa & Cheese Cubes
Breakfast Potatoes

8
Home Style Meatloaf
OR Chicken Tenders
OR Turkey BLT Salad
Mashed Potatoes & Soft Roll

9
BBQ Chicken Sandwich
OR Philly Flatbread
OR Chef Salad
Calico Beans
*****Birthday Cake*****

10
French Bread Pizza
OR Tuna Melt
OR Turkey Cranberry Wrap
Roasted Cauliflower

11
Classic Cheese Burger
OR Southwest Chicken Salad
OR Yogurt Pack
Garden Green Beans

14
Cheesy Italian Flatbread
OR Grilled Cheese
OR Harvest Chicken Salad
Tomato Soup

15
Crispy Chicken Sandwich
OR All American Burger
OR Buffalo Chicken Salad
French Fries

16
Chicken Bacon Ranch Melt
OR Italian Stromboli
OR Pretzel Bites w/Cheese Cubes
Garden Salad

17
Beefy Nachos w homemade cheese sauce
OR Deli sandwich
OR Honey Ham Wrap
Refried Beans

18
Home Style Meatloaf
OR Yogurt Pack
OR Chicken Ceasar Salad
Mashed Potato & Gravy
*****Cookie*****

21
OFF

22
Southern Chicken on a Biscuit
OR Turkey A La King over Biscuit
OR 7 Layer Salad
Black Eye Pea Salad

23
Beef Stroganoff & Roll
OR Meatball Sub
OR Munchable
Garlic Herb Broccoli
*****Rice Krispy Treat*****

24
Fish Sandwich
OR Chicken Nugget
OR Deli Sub
Fries & Pickle Slice

25
Homemade Chilli & Cornbread
OR Hot Dog
OR Crispy Chicken Salad
Seasoned Ranch Potato

28
Cowboy BBQ Burger
OR Sweet and Sour Chicken Bites over Rice
OR Chips, Salsa & Cheese Cubes
Green Peas

29
Lasagna Roll Ups and Garlic Toast
OR Deli Sub
OR Turkey BLT Salad
Side Caesar Salad

30
Walking Taco
OR Buffalo Fajita Chicken Wrap
OR Chef Salad
Spiced Pinto Beans

31
Roasted Hot Dog
OR Taco Salad
OR Turkey Cranberry Wrap
Baked Potato Half
Home Made Brownie



PRICES

Elementary \$3.50
Middle School \$4.00
Adult \$4.00
Extra Milk \$0.50
Extra Entrée \$2.25

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact Gail Shackelford at 502-426-2635 x235 or email foodservice@stmm.org

