



Don't forget
to eat your
vegetables.

St. Margaret Mary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

January
2018

MONDAY

Christmas Break

1

TUESDAY

Christmas Break

2

WEDNESDAY

National Bean Day

3

Chicken Tenders
Or Cheeseburger
Or Pretzel Bites & Cheese

Green Beans

THURSDAY

Biscuits & Gravy w/
Sausage Patty
Or Ham, Cheese & Egg on
an English Muffin
Or Deli Sandwich

Breakfast Potatoes

FRIDAY

Ropa Vieja (Shredded
Beef) with Rice
Or Baked Potato Bar
Or Yogurt Pack

Mexican Street Corn

National Apricot Day

8

Chicken Parmesan with
Rotini Pasta
Or Roasted Hot Dog
Or Chicken Caesar Wrap

Broccoli

Salisbury Steak
Or Grilled Cheese
Or Chicken Bahn Mi
Sandwich

Mashed Potatoes

Philly Flatbread
Or Rodeo Burger
Sandwich
Or Munchable

Italian Vegetable Blend

Birthday Cake

French Bread Pizza
Or Pulled Pork Sandwich
Or Deli Sub

Roasted Cauliflower

Chicken Alfredo over
Pasta and Garlic Toast
Or Cowboy Burger
Or Honey Mustard Ham
Wrap

Garden Green Beans

M.L. King Holiday

15

Homemade Chili
Or Sausage, Egg &
Cheese Biscuit
OR Deli Sub

Seasoned Potato Wedges

HOM Arugula

17

Italian Stromboli
Or Baked Potato Bar
Or Autumn Quinoa Salad
Or Chef Salad

Arugula Salad with Apples
and Pomegranate
Cookie

Beefy Nachos with
Homemade Cheese Sauce
Or Carnitas Torta
Or Turkey Cranberry Wrap

Refried Beans

National Popcorn Day

19

Hot Ham & Cheese
Calzone
Or Chicken Philly
Sandwich
Or Yogurt Pack

Kettle Chips

Swedish Meatballs over
Noodles
Or New Orleans Fish
Hoagie
Or Turkey BLT Wrap

Carrots

22

HOM Lemon

23

Moroccan Lemon Chicken
Legs with Rice
Or Pulled Pork Sandwich
Or Tuna Salad Sliders

Garlic Herb Broccoli

Chicken Fajitas
Or Walking Tacos
Or Pretzel Bites with
Cheese

Black Beans

24

Pasta with Meat Sauce
and a French Bread Slice
Or Roasted Hot Dog
Or Deli Sandwich

Italian Vegetable Blend

Italian Turkey Panini
Or Meatball Sub
Or Yogurt Pack

Garden Green Beans

26

HOM Ginger

29

Beef & Broccoli Stir Fry
over Rice with a Soft Pan
Roll
Or Grilled Cheese
Or Chicken Caesar Wrap

Broccoli

Homemade Lasagna and
Garlic Toast
Or Triple Decker Turkey
Half
Or Chicken Bahn Mi
Sandwich
Caesar Salad

30

Tex Mex Bowl
Or Popcorn Chicken over
Buttered Noodles
Or Munchable

Spiced Pinto Beans

31



PRICES

Regular	\$3.35
Reduced	\$3.50
Adult	\$3.50
Adult	\$3.50
Extra Entrée	\$2.25

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Jason Kirby at 502-426-2635 x135
or email foodservice@stmm.org

